

BEAR RIVER AREA AGENCY ON AGING  
**SENIOR RESOURCE GUIDE**

## **COMMUNITY SERVICES**

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### **Serving Box Elder, Cache, & Rich**

**AARP Utah**

6975 Union Park Center, Suite 320  
Midvale UT 84047

Phone: 1(866) 448-3616  
Web: [www.aarp.org/states/ut](http://www.aarp.org/states/ut)

**Bear River Association of Governments**

170 North Main  
Logan UT 84321

Phone: (435) 752-7242  
Toll Free: 1(877)772-7242  
Web: [www.brag.utah.gov](http://www.brag.utah.gov)

**Bear River Association on Governments**

2535 South Highway 89  
Perry UT 84302

Phone: (435)723-1111

Programs: Weatherization, HEAT, HUD Housing Authority, Aging Services, Northern Utah Alzheimer's Association, Community and Economic Development, Human Services.

**Utah Division of Aging & Adult Services**

195 North 1950 West  
Salt Lake City UT 84116

Phone: (801) 538-3910  
Web: [www.hsdaas.utah.gov](http://www.hsdaas.utah.gov)

**Do Not Call Registry**

Phone: 1(888) 382-1222  
TTY: 1(866)290-4236  
Web: [www.donotcall.gov](http://www.donotcall.gov)

**Elder Care Locator**

Phone: 1(800) 677-1116  
Web: [www.eldercare.gov](http://www.eldercare.gov)

Nationwide directory assistance designed to help individuals locate local resources for seniors.

## **COMMUNITY SERVICES CONTINUED...**

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**Hard of Hearing Program**  
Northern Utah Specialist

Phone: (801)263-4879

**Options for Independence**  
106 East 1120 North  
Logan UT 84341

Phone: (435) 753-5353  
Toll Free: 1(800)753-2344  
Web: [www.optionsind.org](http://www.optionsind.org)

**Options for Independence**  
1080 North Main Suite, 105 A  
Brigham City UT 84302

Phone: (435)723-2171

Help for disabled individuals with securing medical equipment, support services, training for independent living skills, hearing and vision resources.

### **Serving Box Elder County**

**Box Elder County - 4H Extension Office**  
195 West 1100 South  
Brigham City UT 84302

Phone: (435) 734-9945  
Web: [www.extension.usu.edu](http://www.extension.usu.edu)

**Northwestern Band of the Shoshone Nation**  
707 North Main Street  
Brigham City UT 84302

Phone: (435) 734-2286

**Red Cross of Northern Utah**  
2955 Harrison Boulevard Suite 204  
Ogden UT 84403

Phone: (801) 627-0000  
Web: [www.redcrossutah.org](http://www.redcrossutah.org)

### **Serving Cache County**

**Cache County Extension**  
179 North Main Street, Room 111  
Logan UT 84321

Phone: (435) 752-6263  
Web: [extension.usu.edu/cache](http://extension.usu.edu/cache)

**English Language Center**  
1544 North 200 West  
Logan UT 84341

Phone: (435) 750-6534  
Web: [www.elc-cv.com](http://www.elc-cv.com)

English language and U.S. citizenship classes taught.

## **COMMUNITY SERVICES CONTINUED...**

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**Multicultural Center of Cache Valley**

290 North 400 East  
Logan UT 84321

Phone: (435) 753-8486

Web: [www.mccutah.org](http://www.mccutah.org)

**Red Cross of Cache County**

130 South Main Street, Suite 120  
Logan UT 84321

Phone: (435) 752-1125

Web: [cachecounty.redcross.org](http://cachecounty.redcross.org)

**USU Family Life Center**

493 North 700 East  
Logan UT 84322  
Housing and financial counseling available.

Phone: (435) 797-7224

Web: [www.flchfc.usu.edu](http://www.flchfc.usu.edu)